



citizens  
advice

Uttlesford



## A cold, damp home is bad for everyone's health

Are you, a friend or neighbour, struggling with fuel bills, an old boiler, draughts or mould? We can help.



**KEEPING  
WARM**  
in Uttlesford  
**FREE BOOKLET  
AVAILABLE**

- Call **Uttlesford Citizens Advice** on **01799 618 858**
- Visit **UttlesfordFrontline.org.uk** & search 'Cold'
- Speak to your local **doctors surgery**





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DOES A  
**COLD HOME**  
MAKE YOUR  
HEALTH  
WORSE?

find out about local  
services that can help

[www.uttlesfordfrontline.org.uk](http://www.uttlesfordfrontline.org.uk)